



THE COLLEGE OF  
OPTOMETRISTS

# Stage Two

## Overarching case scenario 28

**CONTACT LENS AFTERCARE**

Gender Male : Age 18      Occupation: Student, sports science

**History and Symptoms**

RFV : Emergency visit, red eye last 24 hours      Been camping for the weekend, then woke up with red RE. Feels gritty and irritable. Bit watery, not sticky  
 Vision: Ok R&L  
 Existing lenses 3 weeks old.  
 General Health/Meds: Fine, no meds      Previous: No HES or other issues

**Compliance**

Solution use: Multi purpose all in one      Last Eye Exam: 12 months ago  
 Back Up Spectacles: yes, from last test

|                        |      |      |                     |     |      |      |           |
|------------------------|------|------|---------------------|-----|------|------|-----------|
| Supplier: Coopervision |      |      | Lens Type: Proclear |     |      |      |           |
|                        | Base | Dia  | Sph                 | Cyl | Axis | VA   | Condition |
| R                      | 8.6  | 14.2 | -2.50               |     |      | 6/6- |           |
| L                      | 8.6  | 14.2 | -3.00               |     |      | 6/5  |           |

|                      |
|----------------------|
| Wearing Times        |
| Avg. 12 hrs 5/7 days |
| Max 14hrs            |
| Today 1 hour         |

**Lens Fit**

|   |                        |          |      |                          |   |
|---|------------------------|----------|------|--------------------------|---|
| R | Central fit, bit loose | MOVEMENT |      | Central fit, moves well. | L |
|   |                        | Push Up  |      |                          |   |
|   |                        | Good     | Good |                          |   |
|   |                        | On blink |      |                          |   |
|   |                        | Good     | Good |                          |   |

**Slit lamp observations**

|   |  |   |   |  |   |  |
|---|--|---|---|--|---|--|
| R |  | mild bleph<br>Slight hyperaemia<br>G 1 Punctate stain with 1mm circular lesion at 4 o'clock<br>No neovasc<br>Good<br>6sec | Lids/Lashes<br>Conjunctiva<br>Cornea<br>Limbus<br>Tears | mild bleph<br>No hyperaemia<br>Grade 1 Punctate staining<br>No neovasc<br>Good<br>6sec | L |  |
|---|--|---|---|--|---|--|

TBUT / TAHT

**Advice**

?

**Final Specification**

|           |      |     |            |     |      |     |    |
|-----------|------|-----|------------|-----|------|-----|----|
| Supplier: |      |     | Lens Type: |     |      |     |    |
|           | Base | Dia | Sph        | Cyl | Axis | Add | VA |
| R         |      |     |            |     |      |     |    |
| L         |      |     |            |     |      |     |    |

Solutions:

Clinician name      Signed